Engaging the Spirit of Institutions

group discernment and rituals

Spirit of the Group

Do you have the patience to wait till your mud settles and the water is clear? Can you remain unmoving till the right action arises by itself? Tao Te Ching

strategic planning, program development, team building, value clarification and alignment

contemplative practices, spiritual direction, retreats

Spirit of the Individual

"The success of an intervention depends on the interior condition of the intervener."

Bill O'Brien, former CEO of Hanover Insurance

leadership, professional development, avoiding burnout

prayer, theological analysis, living in truth

Spirit of the Systems

"Evil is not just personal, but structural and spiritual." Walter Wink

nonviolent action, community **organizing**, whole system transformation, undoing oppression

mindfulness, being present, playfulness, conviction and belief

Spirit in the Tasks

"If I am incapable of washing dishes joyfully, if I want to finish them quickly so I can go and have a cup of tea, I will be equally incapable of drinking the tea joyfully. "Thich Nhat Hanh

performance, day-to-day task management, getting stuff done

Source

Listening for and moving with your deepest source of guidance and rejuvenation.